

## Starting Over

Ms. Jessamin said having 3 strokes and ending up in the hospital was a “wake-up call” that has helped her focus on the things that are most important in life. At the time she had already lost a job that she loved due to the pandemic and started a new job in a new city at the age of 57. How does she find such strength? Please read about her amazing outlook on page 3.



NHH Case Manager Caroline  
with Ms. Jessamin

## Brave Neighbor Homes



Many thanks to Brave Neighbor Homes and the Powers family for choosing New Hope Housing as their nonprofit partner for 2022-23! In addition to providing baskets of home goods for clients moving to their own homes, they also chose to donate a portion of their profits from each home they sold this year - making a \$12,500 gift to New Hope in December. Thanks to all of you for being great neighbors!

- Page 2 Note from the Director
- Page 3 My Wake-Up Call
- Page 4 Let's Go Over The Edge on May 5th!

Dear Friends,

I hope you and your families have all been well this winter. Spring is in sight!

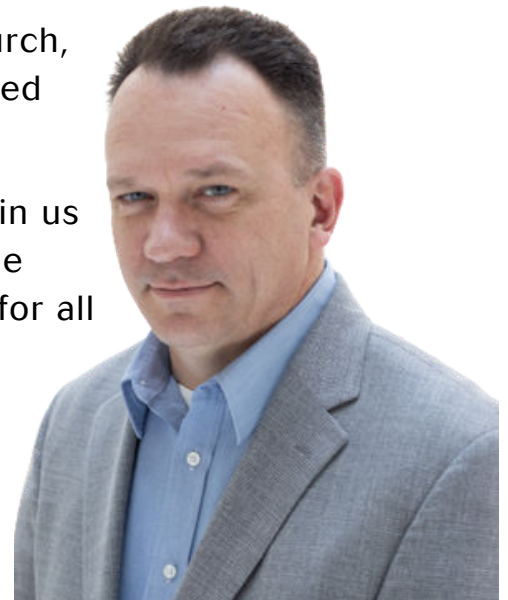
Though winter has been relatively mild, our shelters have still been very full. Two of our 50-bed shelters have had as many as 120 people seeking shelter on a night. It's due to our faith community partners, volunteers, and supporters like you that we make it through this most difficult part of the year and ensure that everyone has a safe place to sleep at night.

We're grateful to the following faith communities for opening their doors to shelter our homeless neighbors this winter: Rising Hope United Methodist Mission Church, Sleepy Hollow United Methodist Church, St. Alban's Episcopal Church, Knox Presbyterian Church, St. Paul's Lutheran Church, Accotink Unitarian Universalist Church, St. John Neumann Catholic Church, Vienna Presbyterian Church, St. George's United Methodist Church, Annandale United Methodist Church, Sydenstricker United Methodist Church, and Falls Church Presbyterian.

As we approach Spring, we hope you'll be able to join us or support us at our Spring fundraiser as we go Over The Edge on May 5th! Please see the back page or website for all the details. Thank you all for your continued support!

Peace,

William W. Gorman  
Interim Executive Director



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## Forever Grateful

New Hope Housing received a generous bequest from Ms. Helen Kafka this winter. We're forever grateful for her gift, but also for her service and devotion to shelter clients. While volunteering with groups like SpreadTheVote and Vote Riders, Ms. Kafka spent many long days helping clients get needed identification documents, and helped them register to vote. We wish her family and friends many blessings.

In 2021, New Hope Housing launched "Pam's Garden" as our planned giving program in honor of Pamela Michell. If you would like to make a gift through your will, trust, or life insurance policy, please contact Jan Sacharko, our development director at 703-799-2293 ext 27 or [jsacharko@newhopehousing.org](mailto:jsacharko@newhopehousing.org)

## My Wake-Up Call

Ms. Jessamin first moved to Arlington in 2009 from the Philippines. She worked several jobs before becoming a nanny in 2013 for a new family whose daughter was just a few months old. She loved the job and being a part of this little girl's life. When COVID hit, everything crashed down. The family she worked for lost work, and had to stay home. Before long, they unfortunately had to let her go. She had her own apartment at the time but was unable to make rent, so she packed up and moved to Ocean City to seek work in the summer of 2020.



### Jessamin celebrating her 60th birthday with the Super Soul team on Superbowl night

Ms. Jessamin got a job at a hotel in Ocean City. She rarely had days off and had to clean 15 rooms or more each day by herself. Within months, the work had taken its toll and she suffered three strokes. While alone at the hospital, she reflected on her life and what she would have to do next. Before the strokes, "all I did was work, work, work, and not pay attention to other important things in life."

And now her left side was weakened, and she would have to learn to walk again. Her doctor told her it could be three months to a year until she walked properly again. "With my determination, and belief and faith in myself and God, within 3 weeks, I was out of the hospital."

She came back to Arlington when she was physically able, but was unable to go to a shelter at first because she had lost Arlington residency. She stayed with a friend until she qualified and was directed to our Residential Program Center (RPC) shelter in April 2022. Since then she has been a dynamo, working with her case managers, going to physical therapy, and trying to take advantage of all services available.

**"With my determination, and belief and faith in myself and God, within 3 weeks, I was out of the hospital."**

On February 20, 2023, Ms. Jessamin moved to an apartment within New Hope Housing's supportive housing program (PSH) in Arlington. She continues to meet with her case managers and her yoga instructor for additional therapy. She is grateful for all the gifts from the community to get her apartment ready. She hopes to be reunited with her son in the next year. Ms. Jessamin wants to get back on her own feet, to restart. To heal. We are rooting for her!

# Go Over The Edge May 5th!!

Attention thrill-seekers, do-gooders, and community heroes!

We're going back Over The Edge on May 5! You made this event such a success last year that we had to do it again!

Come on out to the Hilton Arlington National Landing on May 5th to rappel the 160-ft building or to cheer on our brave rappellers. We've partnered with Over The Edge Global once again to have an amazing experience for you. Sign up on our registration page and raise at least \$1,000 for New Hope Housing for your opportunity to rappel. When you touch down in The Landing Zone, you'll be ready to celebrate with our DJ, food trucks, bar, sponsor booths, and your friends and colleagues cheering you!



**Register today at [www.OTEnewhope.com](http://www.OTEnewhope.com)!**

For more info or to sponsor, please see the form inside or contact Jan Sacharko at 703-799-2293 ext. 27; [jsacharko@newhopehousing.org](mailto:jsacharko@newhopehousing.org)



**Thanks to Our Early Sponsors!**

Greg & Kim Garcia



The Rosenberg Family



It's time to rethink homelessness.



Learn More and Get Involved

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